# WEATHER SAFETY



## Lightning:

The 30/30 lightning safety rule: Go indoors if, after seeing lightning, you cannot count to 30 before hearing thunder. Stay indoors for 30 minutes after hearing the last clap of thunder.

### **Tornado:**

Seek shelter in a basement or lower-level interior room of the house away from windows. Protect yourself by covering your head with your arms and blanket if possible.

#### Hail:

Seek shelter indoors immediately. Do not take refuge under trees, high winds could cause them to fall on you, the trees also attract lightning.

## **Heavy Rain and Flooding:**

Avoid playing or riding in flooded streets and waterways. Less than a foot of moving water can sweep a person or bicycle away. It is also possible to fall into open manholes while playing in flooded streets.

To report severe weather damage contact your local law enforcement agency.

For more Weather Safety Information, visit our website at <a href="www.iowastormchaser.com">www.iowastormchaser.com</a> and click on "Weather Safety."

